NEIGHBORS UNITED COUNSELING & REFERRAL SERVICES

Website: neighborsunitedcounseloring.org. Email: NUCARSM@gmail.com

Appreciation Banquet: Neighbors United Counseling lo hosted a banquet to Appreciate its board members, staff, volunteers, partners, and supporters. The Banquet was held on December 10, 2023, at Fellowship of Praise Church Banquet Hall, in Cleveland, TN. The speaker was Dr Arlie Tagayuna, a Professor from Lee University . Awards, gifts, affirmation, and thanks were given. It was also an occasion for sharing holiday cheer.

Neighbors United Counseling Leadership Retreat

Neighbors United Counseling hosted a two day Retreat, at the Hampton Inn in Cleveland, Tennessee, Saturday, March 18, 2023 - Sunday, March 19, 2023.

Dr Jay McCluskey, Pastor of North Cleveland Baptist Church did the Retreat Opening Prayer and Devotion. Workshops consist of: Strategic Planning, by Sherry Lowe-Cooke; Building a Relational Culture by, Dr John Vining; College Hill Survey Results, by Michelle Goldstone; and Friend Raising 101, by Antoinette Miles. The Retreat closed out with worship and a foot-washing ceremony, at Cross Ponte Church, in Cleveland TN.

A Website update: Neighbors United Counseling added a Community Counseling page to their website. Be sure to look at this new website page and hear testimonials stories of lives that are impacted by Neighbors United Counseling Services. This Counseling page also offer helpful Counseling tips, articles, and introduces Neighbor's United's Team of Counselors and staff.

Editor: Erica Reynolds, NUCARS Administrative Assistant



Retreat Workshops



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Make A Donation That Will Impact An Entire Community

- As a community-focused organization, we rely upon your generosity for the provision of our services.
- If you'd like to lend your support to Neighbors United, we invite you to make a donation of \$20 to allow an individual, of financial constraint, to receive a free counseling session.
- As a thank you for your giving a free counseling, you will get one of our NU Inspirational scented candle.

Neighbors United Counseling & Referral Services Use this Framework for Community Counseling

Community Services	Client Services
Educational Programs to support Mental Health	Counseling and crisis intervention services
Education	Transitions
Preventive Educational programs that teach about mental health and life skills.	Outreach programs for persons dealing with life transitions and other high-risk situations.
Helping the local community organize to work for positive	Advocacy for groups, such as, people who have experienced chronic mental health problems.
environmental changes.	NETWORKING
Action Taking action on policies affecting community mental health.	Consultation within clients helping network. Promoting self-help program. Linkage with other helping systems in the community
	Communication
	Neighbors United offer in person Counseling sessions, as well as Private Zoom Counseling Communication

Extending Borders: Dr Linda Avila, United Counseling and Referral Services' board president, was able to toured the Belize Center for Children, May 2023, in Belize 🖬 . NUCARS look forward to extending its services and support to help organizations, abroad.

SCENTS OF INSPIRATION







BUSINESS CARDS UPDATE

